



Extraction Post-Op Instructions for Parents

1. Give your child the appropriate dose of Children's Tylenol, Motrin or Advil when you take the gauze out. If pain persists beyond 48 hours, call our office.
2. NO SPITTING OR DRINKING THROUGH A STRAW OR SIPPY CUP! This can start the bleeding again.
3. A clean mouth heals faster. Gentle brushing around the extraction site can be started immediately along with warm salt water rinses (1/4 tsp. to a glass of water) to aid with any discomfort.
4. Limit physical activity.
5. Swelling after an extraction is not uncommon and need not cause alarm. Apply an ice pack for 15 minutes on and 15 minutes off as needed in the 24 hours following tooth removal.
6. Your child's cheek, lip and tongue will be numb for approximately 1-2 hours. Please be very careful that your child does not bite his/her cheek or pick at this area.

If you have any questions or should any complications arise, please call the office at (703)754-1580.